

Heritage Ranch Owners Association

3945 Heritage Road
Lake Nacimiento
Paso Robles, CA 93446



*Plan
Prepare
Inform*

805-238-9641
805-238-3430 FAX

Emergency Services Committee
Working together for a safer community

First Aid Kit

Assemble a first aid kit for your home and one for each car.

- Emergency preparedness manual
- Battery operated radio & extra batteries
- Flashlight & extra batteries
- Cash or traveler's checks
- Non-electric can opener, and utility knife
- Fire extinguisher
- Tent, rope and plastic sheeting
- Compass
- Basic tool kit
- Matches in a waterproof container
- Paper, pencil and tape
- Shut-off wrench for utilities
- Whistle
- Area map for locating shelters
- Extra set of keys

Sterile adhesive bandages in assorted sizes

- 2-inch sterile gauze pads (4-6)
- 4-inch sterile gauze pads (4-6)
- Hypoallergenic adhesive tape

- Assorted sterile bandages
- Scissors
- Moistened towelettes
- Cleansing agent/soap
- Latex gloves (2 pair)
- Sunscreen
- Non-prescription drugs:
- Aspirin or non-aspirin pain reliever
- Anti-diarrhea medication
- Tools and Supplies
- Paper cups, plates and plastic utensils

Sanitation

- Toilet paper, towelettes
- Soap, liquid detergent
- Feminine supplies
- Personal hygiene items
- Plastic garbage bags/ties for personal sanitation
- Plastic bucket with tight lid
- Disinfectant
- Household chlorine bleach

Clothing and Bedding

- Include at least one complete change of clothing and footwear per person.
- Sturdy shoes or work boots
- Rain gear

- Blankets or sleeping bags
- Hat & gloves
- Thermal underwear
- Sunglasses

Special Items

- Remember family members with special needs, such as infants and elderly or disabled persons.
- For Baby
- Formula
- Diapers
- Bottles
- Powdered milk
- Medications

For Adults

- Important medications
- Denture needs
- Contact lenses & supplies
- Extra eye glasses
- Entertainment - games & books
- Important family documents - keep these records in a waterproof, portable container.
- Will, insurance policies, contracts, deeds, and stocks & bonds
- Passports, Social Security cards, and immunization records
- Bank account numbers
- Credit card account numbers and companies

- Inventory of valuable household goods

Pet Smart

- Food, water, bowls and can opener
- Medications and medical records
- Sturdy leashes, harnesses and carriers
- Current photos of pets
- Written information should include feeding schedules, medical conditions, behavioral problems, and name and phone number of veterinarian.